

HLAA TC

November 2017



The mission of HLAA TC is to open the world of communication to people with hearing loss by providing information, education, support and advocacy.

Next Speaker:

November 18, 2017

CONFERENCE

Living Well With Hearing Loss

St Louis Park Recreation Center,
3700 Monterey Drive, St. Louis
Park, MN 55416

9:30 AM to 2 PM

FREE

Includes presentations by:

Williams Sound (Tony Strong)

"Which Wireless Technology...?"

CATSS (U of M)

"Advances in Hearing Technology"

December 16, 2017

Phil Burke, Andrew Palmberg
Minneapolis Airport Commission
Promoting Equitable Access

Contents

| | |
|-------------------------|----------|
| President's Message | Page 2 |
| Restaurant Review | Page 3 |
| November Conference | Page 4 |
| Conference Sponsors | Page 5 |
| Conference Flyer | Page 6 |
| October Meeting Summary | Page 7-8 |
| Miscellany | Page 9 |
| Photos | Page 10 |

Officers' emails

- Christine Morgan - president@hlaatc.org
- Kathleen Marin vicepresident@hlaatc.org
- Lionel Locke - secretary@hlaatc.org
- Marie Saliterman - treasurer@hlaatc.org

HLAA TC Website - Minnesota

www.hlaatc.org

HLAA TC telephone 763-447-9672

Contact Information - Minnesota

info@hlaatc.org

HLAA National - Maryland

www.hearingloss.org

Hearing Loss Association of America Twin Cities Chapter (HLAA TC) is held the 3rd Saturday of the month (September thru May). We gather at 9:30 to socialize, and begin our meeting at 10 AM at The Courage Kenny Rehabilitation Institute, 3915 Golden Valley Road, Golden Valley, MN 55442. The meeting adjourns at noon.

President's Message



Christine Morgan
November 2017

Happy November!

What a busy month this is for everyone in HLAA-TC as we prepare for our first Living Well With Hearing Loss Conference. Then, of course, the next week is Thanksgiving and the beginning of a hectic holiday season.

Again, I want to thank all of those who are working to make this conference successful. It is hard work and takes many hours of preparation. We have generated a lot of interest and positive responses. This conference is a large part of our mission of education, advocacy and support. There is such a lack of knowledge "out there".

So be sure to invite your friends, family, co-workers, neighbors and everyone you know. Everyone is touched by hearing loss in some way. Let's get the message out. No one has to suffer in

silence or isolation.

I wish all of you a very happy November and look forward to seeing you at the conference. It is not too late to register!

My best to all,

Christine



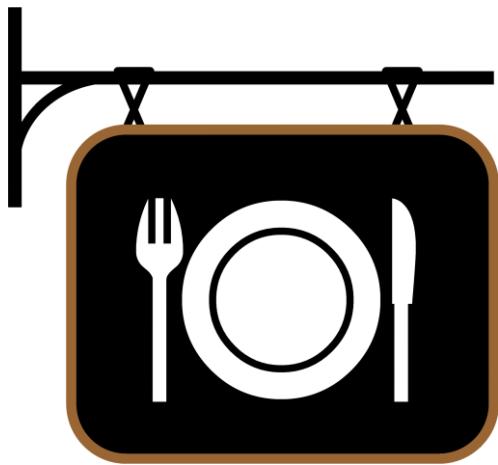
Accommodations!

Hearing accommodations for November Conference:

HLAA-TC plans to provide real-time captioning (CART) for the conference presentations.

Looping will also be provided.

All announcements will be captioned



Restaurant Review

By Vicki Martin

Red Rock Grille at the Sheraton Woodbury

How would you like to settle into a luxurious chair at a linen-topped table, and be served a delicious lunch while you engage in a quiet, relaxing conversation? You can do it at the Red Rock Grille in the Sheraton Hotel (Woodbury MN).

The quietude was due in part to the very minimal number of people dining at the time, but it almost certainly was helped greatly by the high, sound-absorbing ceilings, carpeted floors, linen-clad tables, and spacious environment. If there was any music, it was being played at a volume so low as to be almost subliminal. Aahhh!

My vegetable hummus wrap was a tasty concoction of whole-wheat tortilla, black Tuscan kale, red pepper, red onion, avocado and tomato, not to mention the creamy hummus that held it all together. My table-mate's hamburger was a delicious assembly of grass-fed beef on a toasted Kaiser roll with lettuce, red onion and ripe tomato, served with hot French fries. The lunch was not only good eating, but also plentiful. In fact, I brought half of mine home with me for the next day.

Think such luxury is only for the super-rich?

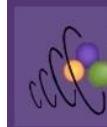
Each of our meals was only \$11, and other selections on the lunch menu range from \$5 to \$16. All are served in the same quiet and relaxing environment. Dinner entrees top out at \$24 (walleye). Breakfast, served until 11 AM, ranges from \$7 for a breakfast parfait (Greek yogurt with fruit, almonds, granola and flax seed) up to \$14 for the buffet, which includes Starbucks coffee.

Worth it? You be the judge.

Upcoming Calendar Item

Adult Cochlear Implant Social Group Sunday, November 12, 2017, 1:00-3:00 PM
Shoreview Library 4560 Victoria Street North Shoreview, MN 55126 Library Phone: 651-724-6006
Host: Kristen Rasmussen 651-357-6059

We will be meeting in the Community Program Room. You are welcome to bring a spouse, partner, friend, family member, and/or significant other to any of these events! If you would like to bring a refreshment to share that would be wonderful!



**Hearing Loss
Association
of America**

**Twin Cities Chapter
PO Box 8037
Minneapolis MN 55408-0037**

Please come to the HLAA-TC Hearing Loss Conference!

Register Online at www.hlaatc.org Click on the flyer on the Home page.

Living Well with Hearing Loss Conference - Free Admission

Saturday November 18, 2017

St. Louis Park REC Center

3700 Monterey Dr, St Louis Park, MN 55416

The Free conference will be held on the Regular November Meeting Date for HLAA-TC .

It is intended to be a unique opportunity for getting information on hearing loss, technology of all kinds, assistive devices, support and other resources. The free conference fits with the HLAA mission of education, support and advocacy.

Presentations will have visual captioning (CART), an induction hearing loop and an FM System. Several people who do ASL interpretation will be at the conference, however, formal ASL interpretation will NOT be available).

Schedule

9:00 AM Doors Open – Registration - Visit Exhibitor Tables

10:00 -10:45 AM: First Program Tony Strong , National Sales Manager for **Williams Sound** will discuss: “Which wireless technology is right for me?”

Tony will cover today’s technology tools to meet ADA compliance for performing arts centers, Houses of Worship, and college campuses for hearing solutions, and Assisted Listening. We will discover where when and how the right technologies can be employed for your venue. *Williams Sound is a Twin Cities based Manufacturing and Installation Company.*

Visit Exhibitor Tables

1:00 -1:45PM Second Program Representatives from **CATSS, the Center for Applied and Translational Sensory Science** at the **University of Minnesota**, will discuss: “Advances in Hearing Technology” - the current research and development to help people with hearing loss. *The University of Minnesota Center for Applied & Translational Science is doing research to solve problems faced by people with sensory deficits such as low vision or hearing loss.*

1:45 PM Door Prize Drawing (Announcement will be captioned)

2:00 PM Adjourn

Door Prizes Seven Drawings at 1:45 PM

3 Target Gift Cards

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HLAATC Living with Hearing Loss Conference

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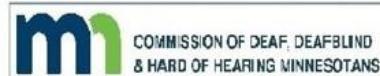
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Amplified CaptionCall phone features a large, easy-to-read screen that displays written captions of what callers say. <https://captioncall.com>



The University of Minnesota Center for Applied & Translational Science is doing research to solve problems faced by people with sensory deficits such as low vision or hearing loss. <http://catss.umn.edu/>



The Fairview – U of MN Audiology and Aural Rehabilitation Clinic evaluates hearing issues and prescribes hearing aids and implants. <https://www.mhealth.org/care/specialties/audiology-and-aural-rehabilitation-adult>



Dedicated to producing the great works of literature on 3 different stages – a mix of classical and contemporary plays. <https://www.guthrietheater.org/>



Custom-programmed, affordable digital hearing aids. Nationwide expert support. <https://www.hihealthinnovations.com/united>



A non-profit, Access-Oriented organization helping those with Hearing Loss. List of hearing-looped facilities. <http://www.loopminnesota.org/>



ENT Ear, Nose & Throat SpecialtyCare of Minnesota, P.A.

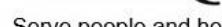
MHAPI and ENT provide both medical and nonmedical management of hearing loss with hearing aids and other devices. <http://www.mhapi.com/> <http://www.entsc.com/>



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<http://www.prohearmn.net/about-us>



Consulting services since 1926. Monique Hammond is a registered pharmacist, author, safety trainer, speaker and advocate for those with hearing loss. <http://moniquehammond.com/>



Provides education and advocacy for Deaf, Deaf-Blind, Deaf-Disabled and Hard of Hearing people. <http://thinkself.org/>



The State Organization on Arts and Disability

Helps make the Arts more accessible for people with disabilities. <http://vsamn.org/>



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FREE Refreshments

SATURDAY

November 18, 2017

9:30 AM to 2:00 PM

St. Louis Park

REC Center

3700 Monterey Drive

St. Louis Park, MN 55416

HLAA- TC: 763-447-9672

FREE ADMISSION! Stay for DOOR PRIZES !!

Many Exhibitors and Sponsors will be at the Conference

See Website: www.hlaatc.org



Hearing Loss
Association
of America

Twin Cities Chapter
<http://www.hlaatc.org/>

Note to readers: The start time for the conference is 9:00 AM.

(This flyer incorrectly shows 9:30)



Kathleen Marin, Vice President

Summary of the October 21, 2017 Meeting

President Christine Morgan opened the meeting at 10 am and introduced our speaker, Mary Hogan, the Community Relations Officer from Immigration and Customs Enforcement (ICE). Mary started by explaining that she is part of the Department of Homeland Security (DHS), a huge organization that was formed after 9/11. Dedicated to protecting the homeland, DHS puts together many agencies under one umbrella. It includes FEMA, the Coast Guard, USCIS (United States Citizenship and Immigration Services) and ICE is under that. ICE has several components, including lawyers, Enforcement and Removal Operations, and Homeland Security Investigations (HSI). ICE deals with immigration law, human trafficking, cyber safety, child exploitation and multiple types of criminal investigations. Mary is the first person hired to be their community spokesperson or liaison and help explain their role to the public.

So why is ICE at our meeting? Primarily because anyone with any kind of vulnerability has a greater risk of being caught up, exploited and abused in some manner. Mary talked about some specific areas addressed by ICE.

One is intellectual property rights, which includes making sure that products, such as air bags, contact lenses and medicines are not counterfeit, but instead, meet all the safety standards of our country. Another is stopping drugs from entering the US. Cyber security is another area, including scams like requesting money to adopt pets, calling and saying you have to send money as bond or INS will deport your loved one, or criminals posing as on-line friends to teenagers. The best way to combat fraud and cybercrime is to report it and talk about it, and tell our friends so they won't fall for the scam. We can report to the Better Business Bureau or to Mary at ICE. Mary also reminded us to never open attachments unless we are sure of who sent them, because that is how criminals get viruses onto our computer and compromise our contact list.

Mary also reminded us that the Super Bowl will be here this winter, with several days of activities, rerouted traffic, and changes to public transportation. ICE is involved in that and in getting the word out about these changes. They will be specifically addressing how people with hearing loss can access the information.

(Summary of the October 21, 2017 Meeting, cont.)

During the Q and A, Mary was asked about funding. She stated that a huge amount of money is spent on immigration enforcement, detention and returning people to their countries. It would be helpful if there were less illegal immigration and more money could be spent rescuing victims who are being trafficked or abused. Mary encouraged us to call the national tip line with any concerns about suspicious activity because they have staff who take the information and also integrate tips and info from all over the country to build cases. She added that in spite of inadequate funding, ICE and DHS do a good job at keeping us safe.

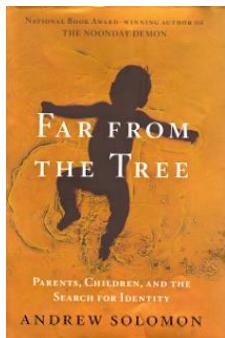
After the break, Christine reminded us that October is Protect Your Hearing Month. She also mentioned a new app for the iPhone. Called 'Sound Print', it's a way to seek out quieter spaces to dine.

Secretary Lionel Locke, who is the chair of the conference committee, aided by Kathleen Marin and Christine Morgan, presented a PowerPoint about the upcoming Living Well with Hearing Loss Conference. The date is Saturday, November 18 from 9 to 2 at the St. Louis Park Rec Center. Our goals are to use this as our fundraiser, possibly gain more members, and also provide education and opportunities for the general public (and ourselves) to meet representatives from various organizations about hearing loss. We need volunteers, and many signed up with Lionel during the meeting for specific times and activities. We need people to bring extension cords and power strips. We need you to tell everyone you know about the conference so we get as many people as possible there. Feel free to email our flyer (found on HLAA-TC's website and Facebook to all of your contacts. We also need people to ask stores and food services for donations for the conference. Finally, we asked people to take more flyers and brochures and hang them in churches, coffee shops, doctors' offices, anywhere they can think of.

Christine then closed the meeting at noon.

"The cochlear implant does not allow you to hear, but rather allows you to do something that resembles hearing. It gives you a process that is (sometimes) rich in information and (usually) devoid of music..."

"Implanted early, it can provide a basis for the development of oral language. It makes the hearing world easier. Is it sound?"



--- Andrew Solomon, [Far From the Tree](#)

Miscellany

Pioneer Press November 4, 2017 “Sainted and Tainted”

I hate to mention the “car backing up” issue for the fourth week in a row, but there is one group that should be especially Tainted: hybrid/ electric car manufacturers. I was walking in a parking lot toward a store (without staring at a smartphone) when I was almost struck by a silent car backing up. Had I not seen the car begin to back up in my peripheral vision, I would have been struck. Manufacturers need to install a reverse tone (like a forklift or a golf cart makes?) when a hybrid/electric car is backing up silently before an unnecessary tragedy strikes.

John Sinclair, Stillwater

(Note: For some people, all cars are silent cars. Please look carefully when backing up!)

Minneapolis Star-Tribune “High Road/Low Road” advice column June 2017

One-sided talks:

A person in a group that has gotten together three or four times a year for 40 years writes for advice with the following problem: “One of our friends talks nonstop every time we meet. The rest of us barely get in a word...I don’t think she was like this when she was younger.”

“Low-road” advice: Don’t invite her any more.

“High-road” advice: Since she wasn’t like this when she was younger, this points to some kind of change in her life. “Maybe she’s experiencing a health issue, such as anxiety, or a change in sleep, diet or medications..”

Editor’s note: or maybe hearing loss? People with hearing loss may monopolize the conversation to avoid having to deal with the impossible task of listening.

AARP Bulletin July-Aug 2017

“Your brain shrinks as you age, but hearing loss can accelerate this shrinking, which can more than double the risk of dementia. You’re also more likely to suffer falls. ‘Balance gets thrown off when you can’t hear your footsteps’, Lin says. Hearing loss also increases your odds for depression and loneliness...

Visit the AARP Hearing Center (www.aarp.org/hearing) for more information”

Photos from October meeting



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**Our next meeting is:
Hearing Loss Conference, November 18, 2017**

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vicepresident@hlaatc.org

Secretary - Lionel Locke
secretary@hlaatc.org

Treasurer - Marie Saliterman
treasurer@hlaatc.org

Contact Info. - info@hlaatc.org
Photos - Christine Morgan, Kathleen Marin

Newsletter Editor -
Vicki Martin, editor@hlaatc.org

Meetings are held the 3rd Saturday of the month September through May at the Courage Kenny Rehabilitation Institute in Golden Valley, MN. We gather at 9:30 to socialize and the meeting starts at 10.
Accommodations: All meetings are real time captioned by Lisa Richardson and her staff of *Paradigm Captioning* (www.paradigmreporting.com). The meeting room is also looped for T-coil or receiver.

Please visit the chapter's web-site at www.hlaatc.org or visit us on Facebook: groups/HLAA-TC.