

# SHHH News

Minnesota Chapter #1 Volume 20 Issue #24 April 2006

## SELF HELP FOR THE HARD OF HEARING

### Calendar of Coming Events

April 12, 2006 – Steak Fry to benefit MN SHHH Chapter #1. See Page 4

April 15, 2006 – Ole Nelson, Past District Lion's Governor 5M5.

April 29, 2006 – Deafblind, Technology Expo (See Page 4 for more info.) Tour Elmer L. Anderson Building

May 20, 2006 – Debra Hilstrom (DFL) 46B Representative-speaks on hearing loss. Potluck lunch.

June 29 – July 2, 2006 – National Convention in Orlando, FL

September 16, 2006 – Aware Fair

**NO mtgs. in June, July, August.**

**OR SEPTEMBER 16, 2006**

**DUE TO THE AWARE FAIR**

**( See Pages 5 & 6 for more info. )**

### April 2006

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### National Website:

[www.hearingloss.org](http://www.hearingloss.org)

### Minnesota Website:

<http://deafvision.net/shhhmn1/>

### MN Contact Information:

[shhhmn1@hotmail.com](mailto:shhhmn1@hotmail.com)

Thank you Paradigm Captioning  
for providing CART.

### Meetings are held at:

Courage Center  
3915 Golden Valley Road  
Golden Valley, MN 55422

September through May  
9:30 AM – Noon  
3<sup>rd</sup> Saturday of each month  
(Except June, July & August)

See Page 12 for contacts  
and more information.

Send Cliff Miller get well wishes;  
[www.caringbridge.org/visit/cliffmiller](http://www.caringbridge.org/visit/cliffmiller)

Methodist Hospital #470  
6500 Excelsior Blvd  
St. Louis Park, MN 55426

### STEAK FRY

Wednesday, APRIL 12, 2006 See PAGE 4



Prez Says!

Hey all you fellow SHHHer's.....Happy Spring!!

As you may have heard from our meetings, National has been going through some changes and one of the most distinct changes has been with the name. The new logo is above (HLAA-Hearing Loss Association of America). It will always be SHHH to me just as Marshall Fields will always be Dayton's.

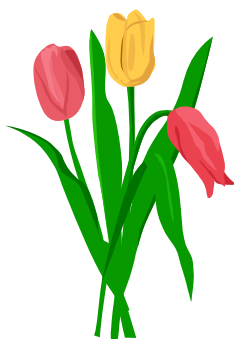
As I am writing this article, it's a beautiful 50 degree Spring Day outside. I am looking forward to seeing that first flower and the green grass, a sign of rebirth from the Death of Winter. I have already enjoyed the birds singing and the sun shining.

Last month, we had the Deaf and Hard of Hearing Legislation Day at the Capital. Bob, Merrilee and myself attended and looped the room so others could experience the joys of having it be internally fed via a t-coil. There was a good turn out and I can't wait for next year!

I look forward seeing your faces at the Steak Fry on April 12th, and at the April meeting on the 15th. Enjoy the beautiful weather and hears to a Joyful Spring.

Peace,

Prez Joe



## **Synopsis for March 18, 2006**

By Merrilee Knoll

Joe opened with the info. about the Aware Fair being the same day as our general meeting, Sept. 16<sup>th</sup>, and perhaps we should cancel our general mtg.

Bob Knoll welcomed the new guests and returning guests; Steve, Monique, Ross, Mary, Jeanette, Marlene, and William. He then moved onto the steak fry saying we are doing good in sales.

Secretary Lori asked people to sign up for the May potluck picnic. She asked us to bring up ideas of speakers and told of a person who spoke at her work place, that she will try to get to come to SHHH. She was a hostage on a plane 20 yrs. ago and shot in the head. Lori mentioned the card for Cliff and the distribution of magazines to the Vets Hospital or elsewhere, more volunteers are needed.

Spot light speaker was Hollynd Turley who comes from a large family, and 4 of her family are hard of hearing. One sister is having a CI. Hollynd works in the nursery at her church. She works downtown at Ameriprise Financial during the week. She is able to use regular phones with an amplifier, and she has a cell phone from T-mobile.

Our guest speaker was Mary Hartnett, head of Metropolitan Council for the Deaf and Hard of Hearing (MCDHH). She works tirelessly for our advocacy at the Judicial, state, house and senate levels. MCDHH has been around since 1985, and Bonham Cross was one of the first executive directors. She said on average there are 4000 bills to consider each yr., but only about 1000 get passed, all of ours last year got passed. They were about new schools and acoustics standards, hearing aid rules sellers must follow, restoration of funds for the MN Employment Center among others.

“I understand that a lot of you think that government doesn’t have a lot to do with your lives, but if you don’t have a relationship with your legislator, you, don’t know how much power you have. Legislators have told me, Matt Entenza, who is the house minority leader, and same with speaker Sviggum who is the speaker of the house, have said, when they hear from 4 constituents, they think that’s a big deal. I mean because so few people contact them oftentimes, that that has an impact on them. They want to get reelected. They are there to serve you, so you have a lot more power than you think.”

Some questions were asked; why does financial aid seem to go to only those attending Gallaudet, if the telephone surcharge for equipment has a surplus is there a termination point where it is turned into the general fund, how do you find who your reps. are? Mary gave answers to all these and more at the meeting.

Mary handed out bills being worked on this session to our members.

**SHHH / HLAA – Self Help for the Hard of Hearing**  
**Our mission statement.....Our mission is to open the world of**  
**communication to people with hearing loss by providing**  
**information, education, support and advocacy.**



## STEAK FRY APRIL 12, 2006

**Where:** Crystal VFW Post 494  
**Address:** 5222 Bass Lake Road  
**Time:** 5 - 7 PM (you can come anytime during 5 - 7 and order your steak)  
**Date:** Wed. April 12, 2006  
**Cost:** \$8

Dinner includes: steak, baked potato, cole slaw, garlic toast and coffee.

After costs 80% will go to SHHH.

### IMPORTANT NOTICE

**The smoking ban was reversed at this facility.  
 So this is now a smoking VFW.**

**Tickets can be purchased at the door.**



# B i t s a n d P i e c e s

Friday, May 12th from 8:30am - 4:30 pm at the Continuing Education Center at the U of M - St. Paul Campus. **Deaf Parents and Their Hearing Children Across the Lifespan: A Heritage of Difference.** We are excited that Alan Marcus, Ph.D., a family therapist from the Maryland School for the Deaf and a child of deaf adults (Coda) himself, will be presenting and there will be a panel discussion in the afternoon. The cost is \$50. Kristen Swan, Health and Wellness Program -Regions Hospital, [Kristen.L.Swan@HealthPartners.com](mailto:Kristen.L.Swan@HealthPartners.com), (651) 254-2742

\*\*\*\*\*

Read the book "**Noise and Military Service: Implications for Hearing Loss and Tinnitus**" online FREE.

<http://www.nap.edu/catalog/11443.html> Go to this web site and on the far left hand side it says Read It Online Free. The Institute of Medicine carried out a study mandated by Congress and sponsored by the Department of Veterans Affairs to provide an assessment of several issues related to noise-induced hearing loss and tinnitus associated with service in the Armed Forces since World War II.

\*\*\*\*\*

**Extreme Makeover** will have 2 deaf men, Phil Janes and Mark Nathanson will be on APRIL 20th, at 8:00 pm (check time in your region), Channel -ABC

\*\*\*\*\*

**Cochlear Implants** will be the discussion each Monday on the National HLAA web site at 8 PM Central time. Go to [www.hearingloss.org](http://www.hearingloss.org) and click on Message Boards and then click Visit Our Chat Room.

\*\*\*\*\*

<http://www.medel.com/ENG/US/index.asp>  
**See the slide show "I Can" on Ci Maker Med-EL**

**U of M** has a coffee and chat the first Wed. of each month at 10:00 AM. See Linda Senechal for more information.



# FREE EVENT!



Deaf and Hard of Hearing  
Services ~ Metro Office  
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## Aware Fair 2006

An educational and social event for Deaf,  
Hard of Hearing, Deafblind and hearing people!

**Date:**

**Saturday, September 16, 2006**

10:00 a.m. to 4:30 p.m.

**Location:** Brookdale Center

Brooklyn Center, Minnesota

Located just south of I-694

on Highway 100 (*map on back*)



For further information, visit Deaf and Hard of Hearing Services' website:

**www.dhhsd.org** (click on "What's New")

or contact

Marie Koehler

marie.koehler@state.mn.us

651/297-3640 (Voice), 1-888-206-6513 (TTY)

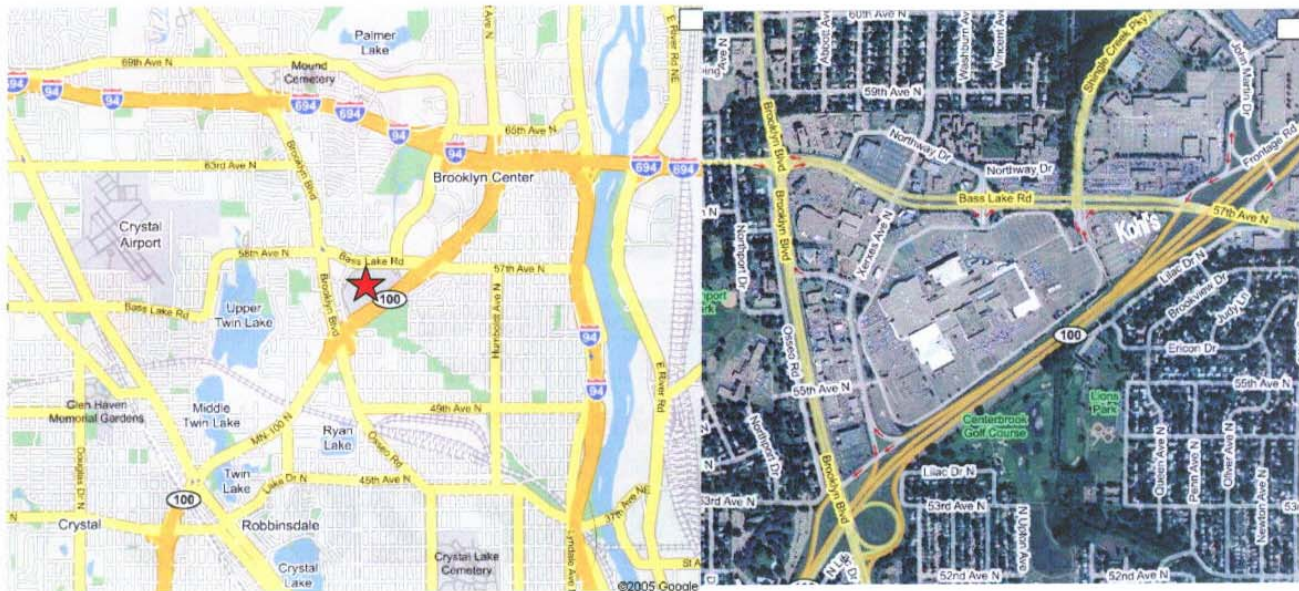


Deaf and Hard of Hearing Services is a division of the Minnesota Department of Human Services



This information is available in other forms to people with disabilities by calling 651-297-1316 V or 1-888-206-6513 TTY.  
For speech-to-speech telephone re-voice services, contact us through Minnesota Relay at 1-877-627-3848.





**If coming from the  
SOUTHERN SUBURBS**

I-35W North to  
I-494 West to  
Highway 100 North  
Exit #152 (Brooklyn Blvd.)

**If coming from the  
PLYMOUTH AREA**

County Road 9 or  
42nd Avenue North to  
Highway 100 North to  
Brooklyn Blvd.

**If coming from the  
NORTHWEST**

I-94/I-694 East to  
Shingle Creek Parkway  
South on Shingle Creek to  
Bass Lake Road

**If coming from the  
EAST**

I-94 or I-694 West to  
Shingle Creek Parkway  
South on Shingle Creek to  
Bass Lake Road

Bus Routes that serve Brookdale:  
5, 22, 717, 721, 722, 723, 724, 761, 801.

Metro Transit Information:

612-373-3333 Voice

TTY Service (for deaf and hard of hearing only)  
Route & Schedule Information: 612-341-0140  
Customer Relations: 612-349-7439  
Metro Commuter Services: 651-602-1253







Merlin an African Grey parrot woke his owner by running up and down his legs when he failed to wake up when the fire alarm went off. Peter Taylor from West Yorkshire, England is deaf and was asleep and had taken his hearing aids out. He said the bird also puts up a fuss (makes the sound of a fire alarm) while he is cooking, but Peter tells him everything is ok, and the bird calms down.

(((((((

### **“ ER “**

Editor: Merrilee Knoll

On Wednesday, March 29, 2006, I received a message from the HLAA Executive Director, Terry Portis about an upcoming show on NBC the next day called "ER." Terry was not given much in the way of information as to what exactly the show would entail, but the message was sent to him, he sent it to us, and the message spread from hundreds to thousands of emails.

Sadly to say the show was not what anyone was expecting. Maybe NBC thinks everyone with hearing loss automatically knows ASL as their' new sixth sense. We were sadly disappointed, but should we actually be shocked? I don't think so. After all this is a TV station what wants top ratings, they have adventurous shows each week, spine tingling episodes to keep everyone coming back and on their toes. Perhaps a show of someone voicing in English for a pad and pencil would be rather dull compared to a young man hands confined to his hospital bed struggling to get free.

NBC should be contacted if you feel they failed you, their web URL is <http://www.nbc.com/ER/>

A show about HOH and the requirements to communicate with that person should also be filmed, in essence to show how the other 31,000, 000 HOH persons not Deaf and not fluent in ASL makes his/her needs known in a similar situation.

How about a **dictionary of terms** related to hearing loss?.

<http://bradingrao.com/hearterm.htm>

**Leader and service dogs** may have to pay for a seat, making it impossible for most to travel with their dogs. Right now it is estimated there are 25, 000 dogs of service are working in America. Read more <http://www.iaadp.org/>

**What is a BAHA?** It's a Bone-Anchored Hearing Aid, surgically implanted, but it is not a CI. The BAHA is implanted behind the ear instead of in the ear.

**Learn more about the BionicEar System** and hear actual users talk about their experiences.

<http://www.cochlearimplant.com/tour/movies.asp>

Deaf people tend to talk a bit louder, which is understandable. Unfortunately, councilman **John West**, who is deaf, was suspended from serving on the Fenland council (**United Kingdom**) because of his tendency to raise his voice while aggressively arguing his points in heated sessions.

**Lou Ferrigno**, the Incredible Hulk, is filing a lawsuit against his brother Andrew Ferrigno and sister-in-law Janie, in a dispute with the trademark rights to a fitness equipment store that A & J operate. The store is in NJ & has been around for 20 yrs

**National HLAA** has a new web site design, check it out, same web address.

Web master **Dave Miller** gave local a face lift, by putting the newsletters in year category, now showing 2005 up to present. \*\*\*\*\*

**Tentative speakers:** Dr. Shallop/ Hearing Panel (what it's like to live with a HOH person)/ Rail Road accidents how to avoid them, someone from Operation Lifesavers.

## **IF A DISASTER HAPPENS, ARE YOU READY?**

Condensed from the Deaf and Hard of Hearing Services (DHHS) copy: March 27, 2006

SUPPOSE: A bad flu spreads through our state, an attack by terrorists, or our city has a big flood would you know what to do or how to get help?

If something like the above happens, the State Emergency Operation Center (SEOC) will open. The SEOC will have hotline phone numbers for you to call to get help or information. Put these numbers on your refrigerator so you can quickly find them. Also, copy the numbers on a piece of paper and put them in your wallet/purse.

### **EMERGENCY HOTLINE NUMBERS**

**1-800-657-3504 (Voice) or 1-800-657-3822 (TTY)**

**This information is available in other forms to people with disabilities by calling 651-297-1316 V or 651-297-1313 TTY. For speech-to-speech telephone re-voice services, contact DHHS through the MN Relay at 1-877-627-3848.**

### **Sample Emergency Kit Supplies**

- **Water**
- **Food, at least a 3 day supply of nonperishable food (beef jerky, granola bars, canned food etc.)**
- **Non – electric can opener for food**
- **Battery powered radio and extra batteries**
- **Flashlight and extra batteries**
- **First Aid kit**
- **Whistle to signal for help**
- **Dust mask or cotton t-shirt to help filter air**
- **Moist towelettes for sanitation**
- **Wrench or pliers to turn off utilities**
- **Plastic sheeting and duct tape**
- **Unique family needs, prescription meds, glasses or contact lenses, infant formula, diapers, pet food/supplies, canes (if Deafblind) etc.**
- **Important family documents (in waterproof bag)**
- **Garbage bags and plastic ties, for personal sanitation**
- **Cash**
- **Headlamp**

**(Continued on Page 9)**



### **Items specifically for Deaf/Hard of Hearing People:**

- Hearing aid or cochlear implant batteries
- Batteries and charger for pagers
- Car charger for pager
- Notepad and pen for communication
- Portable TTY and batteries
- Communication Plan

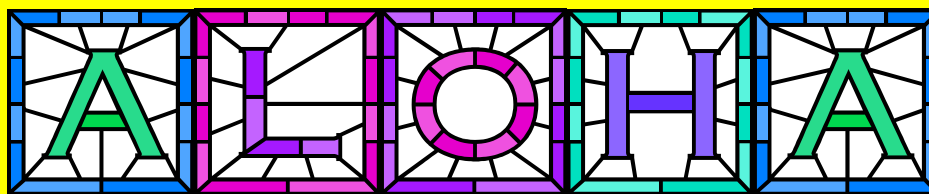
### **Editors Note: I would also suggest these items.**

- A list of all your prescriptions, doses, all doctors names and phone numbers, time of day taken.
- Contact phone numbers and addresses of people you can call to let them know you are OK.
- Check you items from time to time for expiration dates

### **Useful Links:**

- [www.cepintdl.org](http://www.cepintdl.org) Has many resources specifically for deaf/hard of hearing people
- [www.redcross.org](http://www.redcross.org)
- [www.fema.gov](http://www.fema.gov)
- [www.ready.gov](http://www.ready.gov)
- [www.tsa.gov](http://www.tsa.gov)
- [www.ready.gov/eefak.pdf](http://www.ready.gov/eefak.pdf) Financial emergency kit

**IMPORTANT NOTE: If you are a former TTY user but are now using a pager, keep your old TTY, as the pagers will likely not work during a disaster.**



Hi, Everyone,

This month's Aloha event is going to be held at the home of Mark and Colleen Kaldun in St Paul, **Saturday, April 8 at 5:30 pm**. They're going to provide a Famous Dave's BBQ meal in which the cost will be shared equally by those that attend. Colleen would like everyone to provide their own beverage(s).

If you have some folding chairs and perhaps a long folding table and/or a few card tables, please bring them along. And, if you're interested in playing Texas Hold 'Em after dinner, please bring your chips and cards with you as well.

Please let me know by this Thursday, April 6, if you will be attending, and I will send you the address and directions to the Kaldun's home.

Ellen

\*\*\*\*\*

**Cabaret** The Kit Kat Club sets the scene for this provocative masterpiece, where the flotsam and jetsam of 1930's Berlin create a nightlife of music and mystery. April 20 – 29. \$12 - \$15, Phone – 612-624-2345  
Web site: <http://theatre.umn.edu>  
The Dept. of Theatre Arts & Dance.  
580 Rarig Center  
330 21<sup>st</sup> Ave. S.  
Minneapolis, MN 55455

The **Minneapolis Institute of Arts**  
ASL-Interpreted Tours  
2006 First Sunday of each month

**Open-captioned movie**, Minneapolis Regal  
Brooklyn Center Stadium 20  
**V for Vendetta**, 04/04/06-04/10/06  
<http://www.insightcinema.org>

**International Art Show by Artists with Disabilities**, April 20 to May 17, 2006. Abbott Northwestern Hosp., 2<sup>nd</sup> Floor, Sister Kenny Building, 800 E. 28<sup>th</sup> St., Minneapolis. Free admission and parking.  
Call 612-863-4466 for more information.

**DEAF AND HARD OF HEARING SERVICES (DHHS)**

**NEW “TTY” NUMBERS**

- ✓ DHHS METRO: 1-888-206-6513
- ✓ TED PROGRAM: 1-888-206-6555

**THE ADDRESS, VOICE NUMBERS, FAX NUMBERS AND EMAIL  
ARE STILL THE SAME**



# HEARING CONCEPTS

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[www.hearingconcepts.com](http://www.hearingconcepts.com)

## Tinnitus and Hyperacusis Clinic

**Paula Schwartz, Au.D.**  
 Doctor of Audiology  
 7450 France Ave. South  
 Suite 280  
 Edina, MN 55435  
**952-224-0308**  
 fax 952-831-4942  
[plschwartz@msn.com](mailto:plschwartz@msn.com)  
 link through [www.audiologyconcepts.com](http://www.audiologyconcepts.com)

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 Email: [plschwartz@msn.com](mailto:plschwartz@msn.com)

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**Please note**

Opinions expressed in this newsletter are those of the person submitting the information and not necessarily those of SHHH MN Chapter #1. Mention of goods or services does not mean endorsement nor should exclusion suggest disapproval.

**This space is available for reaching Hard of Hearing people.**  
**Please contact Merrilee at [rknoll5200@aol.com](mailto:rknoll5200@aol.com)**

**Chapter #1 SHHH  
PO Box 8037  
Minneapolis, MN 55408-0037**

**First Class**



**SHHH  
Minnesota Chapter #1**

Name.....

Address.....

City.....

State.....Zip.....

Phone.(area code).....

E-Mail.....

_____ Individual	\$25
_____ Professional	\$50
_____ Supporting	\$100
_____ Newsletter only	\$10
_____ Contact me for newspaper advertising	

**Mail to: SHHH MN Chapter #1  
PO Box 8037  
Minneapolis, MN 55408-0037**

**MN Chapter #1 Welcomes You**

**President –** Joe O'Brien, (952) 941- 2087  
[jlobrien1103@yahoo.com](mailto:jlobrien1103@yahoo.com)

**Co-Vice Presidents –**

Merrilee Knoll, Dora Weber,

**Secretary –** Lori Snyder-O'Brien, (952) 941- 2087  
[jlobrien1103@yahoo.com](mailto:jlobrien1103@yahoo.com)

**Treasurer –** Dr. John Lindlan

**Aloha Event Coordinator –**

Ellen Thibodo, (651) 423-2249 (TTY)  
[ThibodoD@aol.com](mailto:ThibodoD@aol.com)

**Contact Info.** [shhhmn1@hotmail.com](mailto:shhhmn1@hotmail.com)  
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This month's editor is Merrilee Knoll

Meetings are held the 3<sup>rd</sup> Saturday of the month September through May at the Courage Center in Golden Valley, MN. We gather at 9:30 to socialize and the meeting starts at 10 AM. All meetings are real time captioned by Lisa Richardson and her staff of *Paradigm Captioning*. Please visit the chapter's web-site at [www.deafvision.net/shhhmn1](http://www.deafvision.net/shhhmn1)